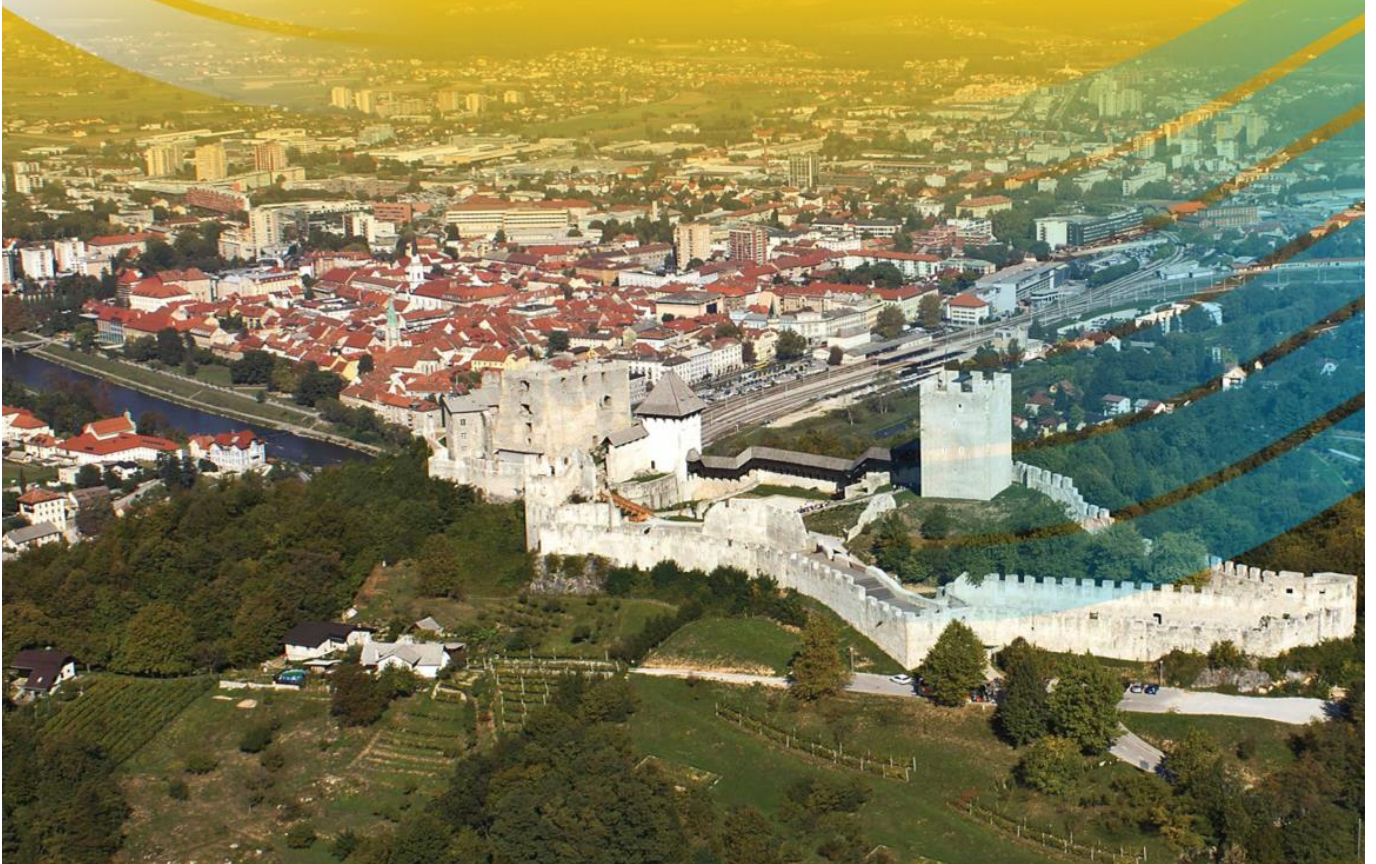




11th Interstate Master – Athletic Competition
Celje 2024



Local Organizing Committee:

ZAVS – Slovenian athletic veteran association (part of AZS – Athletic association of Slovenia)
Letališka cesta 33c,
1122 Ljubljana,
Slovenija

and

ATLETSKO DRUŠTVO KLADIVAR CELJE

Stritarjeva ulica 24

3000 CELJE

Slovenija

Telephone: 00386 3 491-57-00 or 00386 3 491-58-00

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Registry nr.: 5159865000

E-mail: zavs@zavs.si

Web: www.zavs.si

President of ZAVS: Damjan Gril

President of AD Kladivar Celje: Stane Rozman

Head of financial services: Zvonka Blatnik

Secretary of competition: Nevenka Jelen Dimitrijević

Head of the competition: Iztok Dimitrijević

Technical head of the competition: Kristjan Korošec

Head of the judges: Andrej Planinšek

Medical service: Branka Kocuvan, Katja Šibli

Head of technical support and organization: Damjan Gril

Timing: Protime d.o.o. Maribor

Speaker: Robert Herga

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- Events: Specifications are provided in the attached schedule.
- Participants: Every team nominates up to **2 master athletes** per event
- Restrictions: Each athlete is allowed to participate in max. 2 events + relays
Starts out of competition are allowed for a maximum of 1 additional athlete per team for running's and jumping considering the schedule. For throwings unfortunately we can't except any additional athletes regarding the schedule
- Entries: **The final entry list** has to be sent **as soon as possible** by e-mail to official email: zavs@zavs.si by **May 10th** at the latest in an Excel spreadsheet with data of the participants in the format shown in the attached file (please regard the examples). Final changes must be announced by **Friday, May 17th, 16:00** to Damjan Gril by e-mail address above.
- Ranking: Results of each event will be recalculated according to new WMA age factors, valid since 1. 1. 2024. The recalculated results will be scored in descending order from 12 to 1.
Relays will gain points from 12, 10, 8, etc. - equal results will share the points.

In order to avoid mistakes, I suggest that at the technical meeting, we appoint two members of the other national teams as a control committee to control the results, factors and scoring.
- Awards: The winning team will gain the challenge cup awarded by the representative of the winning team last time. All teams will be awarded trophies. Special awards are provided for the three absolutely best results. The first three athletes in each event will be awarded medals.
- Liability: The organizer and owner of the sports ground are not liable for any damages or losses.
- Fee: 15€ per athlete. Each athlete of the team is allowed to participate in max. 2 events in competition + relays or one event in competition and one out of competition
15€ per athlete out of competition.
- Dinner: 20:00 Celjski sejem, Modra dvorana, Dečkova cesta 1, 3000 Celje,
The price is € 20.00 per participant, coach, or attendee (including first drinks).
After the dinner and official ceremony, we have organised the live music by Koda express Band.
Final number of participants must be announced by **Friday, May 17th**
- Technical meeting: The Technical Meeting, to be attended by the Team Managers, will be held on May 24th in the press room located at the stadium at 17:30h. Maximum two representatives of each country will be admitted to the Technical Meeting.

Registration

centre: The Team Managers have to pick up the registration numbers (bib) and the runner's packages exclusively from the Registration Centre after the technical meeting.

Opening

Ceremony: The Opening ceremony will take place on Saturday, May 25th 2024 at 10:45h. Each country should be represented by a group of athletes who will participate in a ceremonial defile during the opening ceremony. (app 10 athletes)
The opening will be very short. Speeches of major of the Celje and head of organisation. There will be only Slovenian anthem.

Parking:

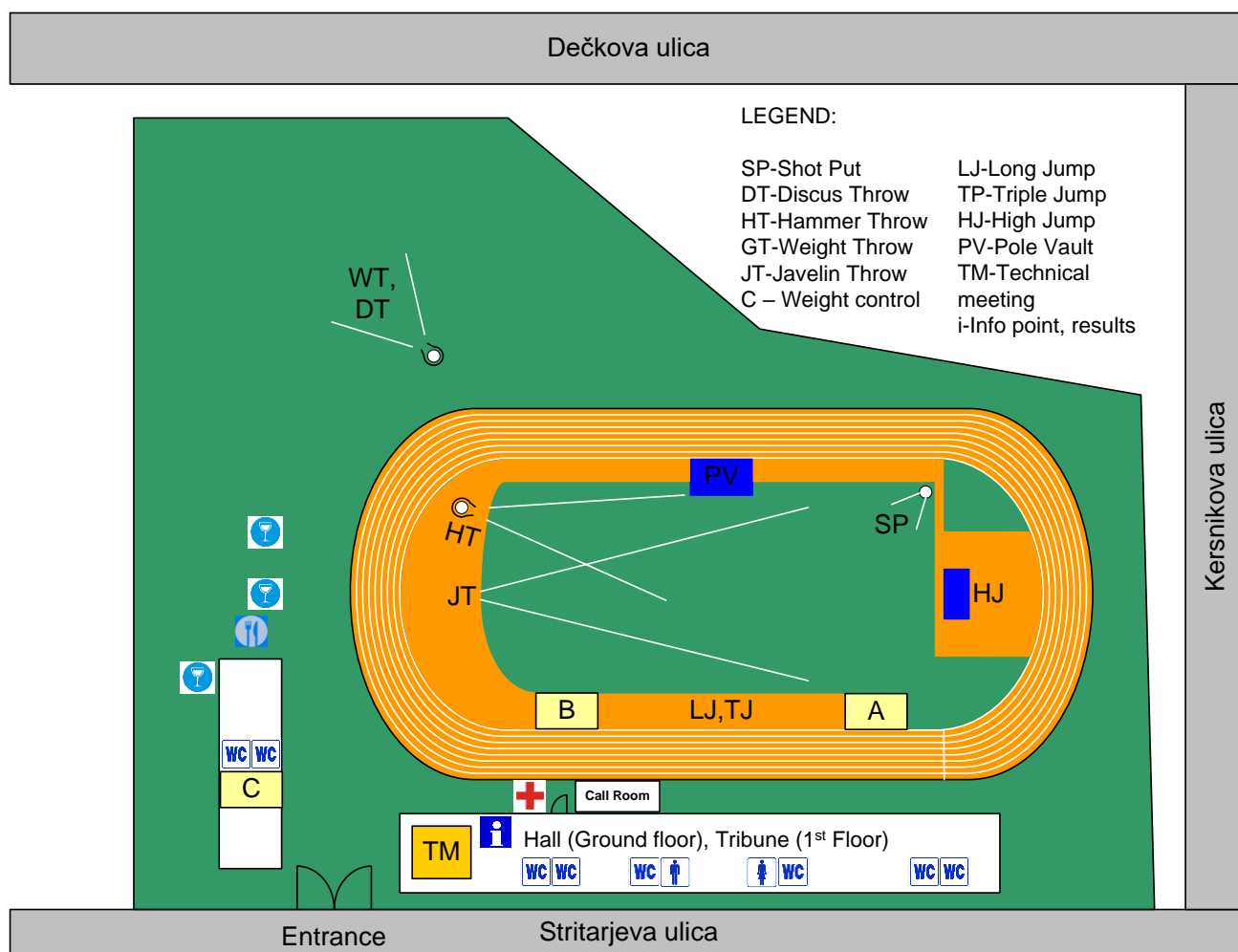
The parking of the stadia is very small so it will be reserved only for technical staff and for the cars with poles. Close to stadia there are a lot of parking places. You can find them on the map below.
For the busses, they can stop on the street to load off the passengers and bags.
Regarding the dinner, there is a big parking space for the Celje exhibition place.



Stadia: The stadia have 8 tracks and it is equipped with double long jump/triple jump area, high jump area, pole vault area with two-way field, double shot-put areas, discus/hammer area and javelin area. In the second stadia near by there is a weight throw area.

You can also use the hall with 8 tracks 60m and fitness equipment.

The toilets, locker rooms, medical team location and others, you can find in the following map.



The warm-up

Area: The warm-up area is located at the northern part of the stadium out of the track and in the hall under the main tribune. No warm-up will be allowed on the main track and on the grass area of the main stadium!

Call room: All participants should meet in the front of the entrance of the stadia 20-50 minutes before the start, depend of the event. All competitors will be accompanied to the competition area by officials. For the weight throw the

athletes can meet on the weight throw area. For the athletes with two disciplines who are already on stadia, they can go to the next discipline area by them self

BIB numbers: Each competitor will get two start numbers which should be worn in front and on the back. Exception includes jumping and throwing disciplines in which competitors should only wear one start number, either on front or back. Additional start numbers with country marks will be given in relay race. All athletes must compete in the sport uniforms and colors of their national teams

Spikes: Spikes shall not exceed 9mm, except in the High Jump and Javelin Throw, where it shall not exceed 12mm

High increase: In the Vertical Jumps, each increase of the bar shall be uniform throughout the competition: 3 cm in the High Jump and 10 cm in the Pole Vault

Instructions: Instructions to athletes at races will be given in English according to IAAF rules

Starts: Athletes may start from either block-start or standing position at their own choice In the Track events. One false start per athlete per discipline will be allowed without the disqualification.

Relays: The final composition of relay teams has to be announced to the competition office not later than 60 minutes before the starting time. The age sum of the participating athletes in the relays must be at least 180 years for women and 200 years for men. Each country nominates 1 long relay and 1 short relay for both men and women. The official registration form you can get on technical meeting

Objection: The Competition Director has the executive authority. For the official objections the Jury of appeal is formed by: head of the competition, head of judges and head of organisation
For any official objection 100 € fee should be paid. If the objection is rejected, the money will be kept. The objections must apply in no more than 30 minutes after the results are announced.

Medical

assistance: During the whole competition emergency medical assistance will be provided by the organizers

Changes: During the competition, **only team leaders are allowed to report changes** (injuries, etc.) or enter the competition office. In **case of injury** team leaders can announce changes in the team's **30 minutes** before starting time of the event at the latest.

Equipment: The organizer will provide equipment (shot put, discus, javelin, hammer) for all age groups male and female, except for poles. Pole vault competitors have to bring their own poles.

Own equipment must be handed in at the equipment control in the finish area at the latest 45 minutes before the start of the respective competition. Unauthorized equipment may not be used in the competition.

Technical specification of implements:

Implements

Women	Age Group	Hammer	Shot Put	Discus	Javelin	Weight
	W35-49	4 kg	4 kg	1 kg	600 g	9,08 kg
	W50-59	3 kg	3 kg	1 kg	500 g	7,26 kg
	W60-74	3 kg	3 kg	1 kg	500 g	5,45 kg
	W75+	2 kg	2 kg	0,75 kg	400 g	4 kg

Men	Age Group	Hammer	Shot Put	Discus	Javelin	Weight
	M35-49	7,62 kg	7,62 kg	2 kg	800 g	15,88 kg
	M50-59	6 kg	6 kg	1,5 kg	700 g	11,34 kg
	M60-69	5 kg	5 kg	1 kg	600 g	9,08 kg
	M70-79	4 kg	4 kg	1 kg	500 g	7,26 kg
	M80+	3 kg	3 kg	1 kg	400 g	5,45 kg

Attempts and measurements: In the throwing disciplines and in the flat jump 6 attempts are planned, which are measured separately. Regarding the tight schedule of the throwing, we can decide on the technical meeting to have each athlete only 4 attempts

Results: Results of events and of team ranking will be placed on the score board close to entrance of the hall

Records: National and international records shall be announced to the judges at the competition venues.

Catering at the stadium: There will be a buffet with refreshments, snacks, and drinks at the stadium. It's possible to pay in cash only. (in Euro)

On behalf of myself and the Slovenian Masters Athletics Association I wish you all good luck!

Damjan Gril, President of the Slovenian Masters Athletics Association

11th Interstate Masters-Athletic Competition, Celje
25.5.2024

TIMETABLE

	Track	Throw	Throw	Jump	Jump	
10:00	5000 m M+W	Shotput W	Hammer M	Pole vault W	Long jump M	
10:00			Discus M			
10:30	Opening ceremony					
11:30	3000 m Race walk M+W			Long jump W		
11:45		Hammer W	Shotput M			
11:45		Discus W				
12:00					Pole vault M	
12:30	100 m W					
12:45	100 m M					
13:00				High jump W	Triple jumpM	
13:30	400 m W					
13:30		Javelin W	Weight M			
14:00	400 m M					
14:30				Triple jumpW	High jump M	
15:00	1500 m M					
15:15		Weight W	Javelin M			
15:30	1500 m W					
16:00	4x100 m W					
16:15	4x100 m M					
16:30						
16:45	4x400 m W					
17:00	4x400 m M					